

YOUR RIGHT TO A GOOD FAITH ESTIMATE

Under the law, health care providers need to give patients who don't have insurance or who are not using insurance an estimate of the bill for medical items and services.

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services, including nutrition counseling, from CD Nutrition LLC.

Key Highlights of Your Rights:

- **Get it in writing:**
 - If you schedule your appointment at least **3 business days in advance**, you have the right to receive your written estimate within **1 business day after scheduling**.
 - If you schedule your appointment at least **10 business days in advance**, you have the right to receive your written estimate within **3 business days after scheduling**.
 - You can also ask CD Nutrition LLC for a Good Faith Estimate **before you schedule** an appointment. We will provide it to you in writing within **3 business days** of your request.
- **Dispute unexpected bills:** If you receive a bill from us that is at least \$400 more than your Good Faith Estimate, you can dispute the bill under federal law.
- **Keep your records:** Make sure to save a copy or picture of your Good Faith Estimate for your records.

Questions or Disputes?

For questions or more information about your right to a Good Faith Estimate, visit the official government site at www.cms.gov/nosurprises or call the No Surprises Help Desk at [1-800-985-3059](tel:1-800-985-3059).